

# Making Sense of What We Learned

**Terri Taylor-Straut**, Senior Director,  
Educational Programs, NC-SARA

**SPE Conference**  
**September 12, 2024**



National Council for  
State Authorization  
Reciprocity Agreements

MHEC • NEBHE • SREB • WICHE

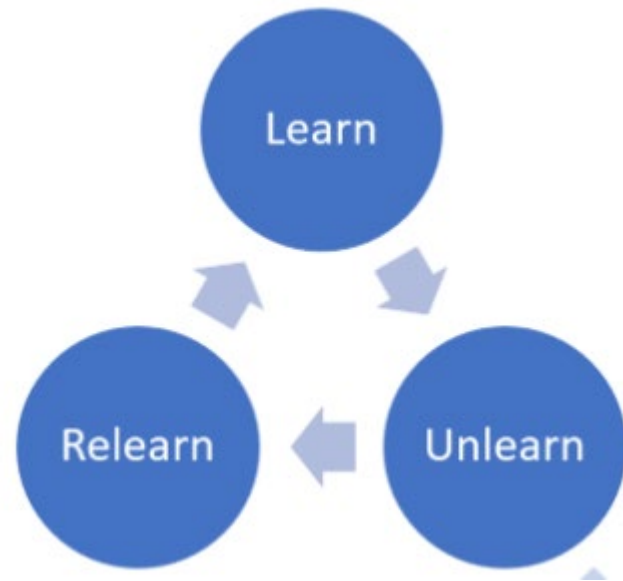
# Learn, Unlearn & Relearn



In a rapidly changing world, it's crucial to not only acquire new knowledge but also to let go of outdated and unhelpful information and habits.

**How do we use what we've learned at the SPE Annual Conference to change the way we do our work?**

# What Does It Mean to Learn & Unlearn?



- **Learn:** Acquiring new skills, knowledge, or behaviors.
- **Unlearn:** Letting go of outdated habits, knowledge, and behaviors.
- **Relearn:** Updating and refining our understanding and skills.

Image Credit: Mukesh Kumar, *Learn, Unlearn, Relearn: The Key to Success in IT Tech*, August 3, 20223

# Learn & Unlearn Post-it Activity

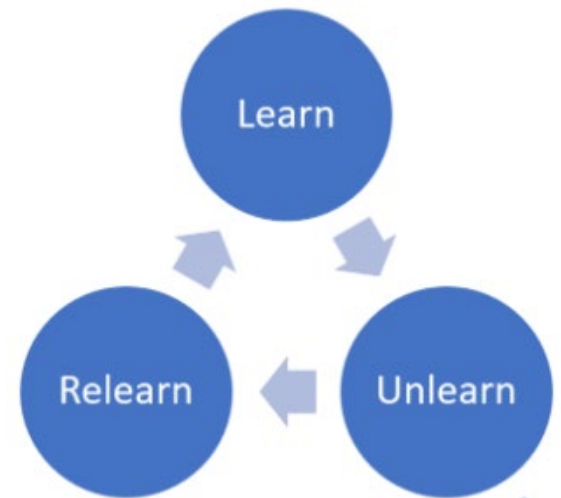


## Objectives:

- Reflect on what we need to learn and unlearn to grow personally and professionally.
- **Take Action** next week when we are back at our desks.

# Activity Instructions

1. **Reflection:** Think about what you need to learn and unlearn.
2. **Writing:** Use **one** color Post-its for “Learn” and **another** color for “Unlearn.”
3. **Sharing:** Place your Post-its on the wall (or you may choose not to share publicly).
4. **Discussion:** Share your insights and discuss common themes.





# Alternative to Post-it Notes

Learn	Unlearn

# Action Plan

- Create an Action Plan for learning and unlearning
- Set specific goals, find resources, seek support





# Resources

**Make Learning a Part of Your Daily Routine**, Harvard Business Review,  
November 4, 2021

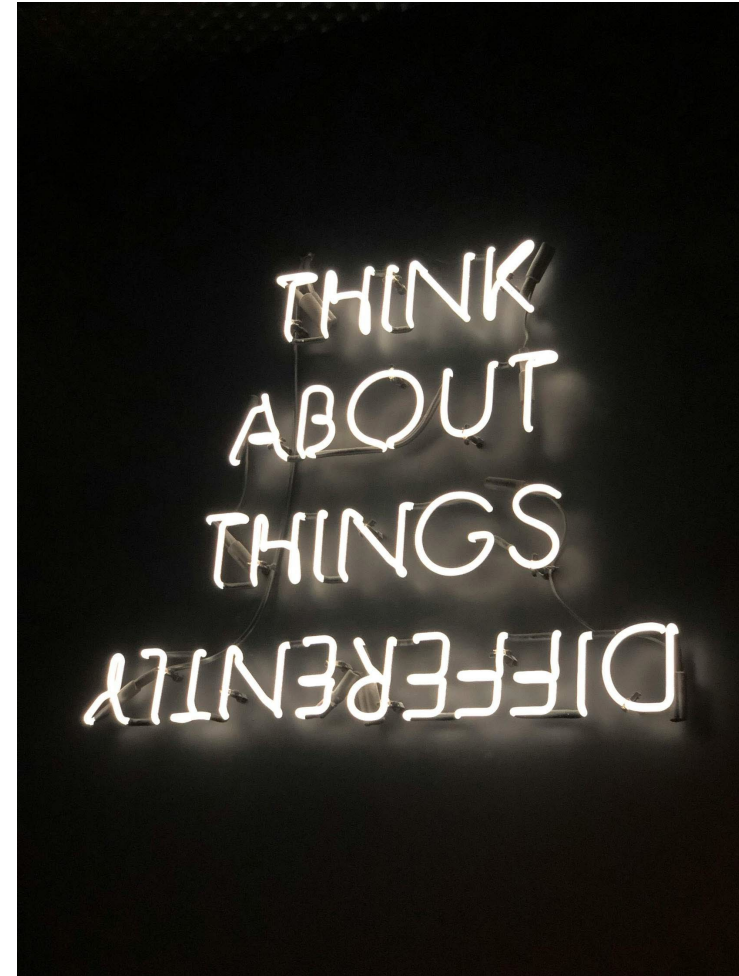
**Learn, Unlearn, Relearn: How To Be More Agile In Today's Ever-Changing Workplace**, Forbes, March 13, 2020

**How To Reskill For Change By Learning How To Unlearn**, Forbes, June 23,  
2021

**Empty Your Cup: Why Unlearning Is Vital for Success**, Psychology Today,  
July 27, 2023

# Benefits

1. **Self-awareness:**  
Awareness of learning needs and areas for improvement.
2. **Adaptability:**  
Encourages continuous improvement and adaptability.
3. **Collaboration:** Fosters a collaborative environment.



**Leave Your Unlearn**

**Take the Learn with You!**

